



For Immediate Release

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## **Body Watts donates to Talbot Hospice Foundation**



**Body Watts owner, Lorri Wilson-Clarke, center, presents a check to Kate Cox, Assistant Director of the Talbot Hospice Foundation. Ellie Taylor, left, trainer and Bonnie Scott, manager, participated in the fitness expo.**

**Body Watts, a lifestyle studio for women, recently donated over \$800 to the Talbot Hospice Foundation due to a very successful fitness and beauty expo held in February. Fitness demonstration took place hourly and included; yoga, Zumba, line dancing, core toning and Pole Fitness. Also featured were hairstyle consultants, skin care and makeup products, reflexology, healthy food, customized jewelry and makeovers.**

**“We are so grateful to Lorri and her staff for making us a part of this wonderful community building event. This financial support helps Talbot Hospice to sustain our mission of offering hope, compassionate support and services to all members of our community facing end-of-life issues,” said Kate Cox.**

**“As a fitness studio, Body Watts is aware of the integral connections between body, mind and spirit and appreciate the holistic approach that hospice offers when faced with the end of life. We are proud to support Talbot Hospice and the important role that they play within the community,” said Lorri Wilson-Clarke.**

**Over 100 participants at the fitness expo were encouraged to purchase raffle tickets for products provided by the vendors. These proceeds made up the donation to Talbot Hospice. The well-attended event was coordinated with the help of Lisa Gambacorta and Bertha Bryan and trainers Julie Carson, Page Murphy, Brooke Seabreeze, Laura Geller and Jill Willis.**

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