

2010 Harvest for the Hungry • USPS Food Drive

March 5 – March 13, 2010

- This is the 24th year for Harvest for the Hungry.
- Started by Larry V. Adam because “hunger takes no holiday.”
- More than 456,000 Marylanders live in poverty and have difficulty finding food.
 - More than 200,000 of those are children, 73,000 are senior citizens.
- Since 1986, Harvest for the Hungry has collected more than 29 million pounds of food to feed hungry Marylanders.
- Community helping community—everyone can help by donating non-perishable food items for those in need in our own communities.

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- Marylanders are asked to leave bags of food at their mailboxes to be picked up by your letter carrier or local Girl Scouts.
- You can also donate food at your local post office, Coldwell Banker and Safeway store.
- The economy has hit many Marylanders hard. The Maryland Food Bank has seen an increase in the need for food of up to 50 percent in the last year.
- By donating food to the Harvest for the Hungry food drive, you can help people in your community by giving them what they need most—food.
- Many people that are in need work full time or have been recently laid off.
- People are being forced to choose between buying food and paying their bills.
- The face of hunger would surprise you: it could be one of your classmates in school, the elderly neighbor up the street, your co-worker, or the family that you see at church/synagogue services.
- Together we can make a difference and end hunger in Maryland.
- Support Harvest for the Hungry and help our communities today.
- For more information, visit www.mdfoodbank.org/harvest.